

## ITINERARY FOR PROF SMALL'S CULTURAL HERITAGE EMANCIPATION 2023 GROUP

### DAY 1: MONDAY JULY 24, 2023: DEPART USA

Depart New York JFK Airport on Delta Airline #156.

Check in at 7.00pm at Terminal 4

Flight departs at 11.00pm

Inflight meals and movies

### DAY 2: TUESDAY JULY 25, 2023: ARRIVAL

#### *Kotoka International Airport*



Arrive at Accra airport

Met, assisted and transferred to your hotel

Hotel check in is at 3.00pm

Rest and recuperate

Orientation by Sunseekers Tours staff

Welcome Dinner at the hotel

***Evening: Meet Tailors and dressmakers featuring casual wear and formal garments made from local fabric and textile will visit your hotel. You may purchase ready-made clothes or place an order for a custom-made outfit.***

Overnight: Accra City Hotel in Accra

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### DAY 3: WEDNESDAY JULY 26, 2023: ACCRA CITY TOUR

#### *Kwame Nkrumah Mausoleum*



#### *Du Bois Centre*



Breakfast

Depart for a full day city tour of Accra. Our first Visit Kwame Nkrumah Memorial Park and Mausoleum. This is a Memorial and Third burial grounds for the First Head of State and President of independent Ghana. The Mausoleum site was the Old Polo grounds for the European during the colonial period until 1957. This Mausoleum has been visited by many world dignitaries.

Continue to Ga Mashie-Old Accra, this is a contrast of Victorian Dutch and post-colonial architecture. You will drive past James Fort built in 1673, Old Accra Square and the Post Office. Drive past Ussher Fort, one of three European forts in Accra which have survived the times. Ussher Fort was built by the Dutch in 1649 as Fort Crèvecoeur. Fort Crèvecoeur was part of the Dutch Gold Coast. The Anglo-Dutch Gold Coast Treaty (1867), which defined areas of influence on the Gold Coast and was transferred to the British in 1868. Interact with the local people at the Accra Harbour, view the light House built by the British to guide commercial ships into the Accra Harbour.

Lunch

After lunch visit is the W.E.B. Du Bois Centre for Pan Africanism; this is the final burial place and home of the prominent American Pan Africanist Dr. W.E.B. Du Bois, who led the Pan-African

Congress between 1919 and 1927. It is currently a Pan African Center for culture and it also has a research library and gallery full of manuscripts.

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Your last stop for the day is the Arts and Crafts market to view a varied collection Ghanaian handicraft souvenir. This offers you opportunity to try out your bargaining skills on the local vendors and to “shop till you drop”.

Return to your hotel

Overnight: Accra City Hotel in Accra

B/L

#### **DAY 4: THURSDAY JULY 27, 2023: ACCRA- TAKORADI- BISA ABERWA MUSEUM TOUR**

*Bisa Aberwa Museum*



Breakfast and hotel check out

Depart Accra after breakfast and drive to Sekondi. Visit Bisa Aberwa Museum located at Nkotompo near Effia-Nkwanta Hospital, Sekondi in the Western Region which is the brainchild of Kwaw Ninsin Ansah, one of Africa's most respected filmmakers which exists among other objectives, to provide an opportunity for the preservation and promotion of the Africa heritage; provide an institution for research into African history and “provide a platform for the conversation among people of African descent. On display at Bisa Aberwa is how the African humanity has survived. We tell the African story.” The specimens on display are about personalities whose sacrifices have shaped African history, both within the continent and the diaspora. They capture events within the slave dungeons in Africa, the toils of the Africans on the slave plantations and highlights of the Civil Rights Movement culminating in the election of the first African American as president of the United States of America.

Continue to Takoradi.

Arrive in Takoradi and check in to your hotel.

Rest of evening is at leisure.

Dinner at Hotel

Overnight: Raybow International Hotel in Takoradi

B/D

#### **DAY 5: FRIDAY JULY 28, 2023: TWIN CITY TOUR**

Sekondi an older and larger Ahanta town. It prospered from the Railroad built in 1903 to hinterland mineral and timber resources area. It also served as the residence for the Dutch who built Fort Orange (1642) and English Fort Sekondi (1682), Sekondi European Town still has relics of the British and Dutch buildings. Sekondi lost its glory to Takoradi also an Ahanta town due to Ghana's first Deep-water seaport, built in 1928.

Also, during World War II, Takoradi became an important staging point for British Aircraft destined for Egypt. Spitfire fighter planes were shipped in crates from England assembled then flown via Nigeria and Sudan to the war in Libya. The 26 Squadron SAAF was also based in Takoradi during World War II, flying anti-submarine and convoy protection patrols over the Atlantic.

The Bankroller and financier of Ghana's Independence struggle Paa Grant was based in Sekondi-Takoradi. The typical Ghanaian Music genre, Highlife Music was born in Sekondi-Takoradi.

Breakfast

Depart after breakfast for panoramic drive through this Metropolis to visit some of these historical Landmarks not on the main tourism Tapestry of Ghana. You may visit Fort Orange, the vibrant fishing Harbour through Sekondi European Town and other areas of interest such the Optimism Centre which was a base for young Ghanaian professionals during the independence struggle.

Lunch at a seaside restaurant

Afternoon roundtable discussion with Prof. Small

Rest of evening free

**DAY 6: SATURDAY JULY 29, 2023: DAY WITH TRADITIONAL RULER - ELMINA**

Breakfast and hotel check out

Depart hotel and pay a courtesy Call on the Omanhen and Paramount Chief of Essikado Traditional Area, Nana Kobina Nketsia VI. Learn at firsthand Akan traditional court etiquettes with traditional drumming and dancing in which you will be encouraged to participate. Participate in a traditional naming ceremony where you will be given local Akan names according to the Ahanta people's tradition.

Lunch at a local restaurant in Takoradi

Depart to Elmina.

Arrive and check in to your hotel

Dinner (*on own account*)

***Join Panafest evening performances – (Artists to be confirmed)***

***Big musical performances***

***TBA GMT @ Cape Coast Stadium***

Overnight: Ridge Royal Hotel in Cape Coast

B/L

**DAY 7: SUNDAY JULY 30, 2023: SLAVE DUNGEONS TOUR**

*Cape Coast Slave Castle*



*Elmina Slave Castle*

**All Participants in White Attire**

Breakfast

Depart after breakfast visit Cape Coast Castle which was originally started by the Swedes in 1652. It served as the headquarters and seat of the British colonial government until 1877. Go on a comprehensive tour of the Castle, the slave dungeons where enslaved Africans were incarcerated, the West African Heritage Museum, and the negotiation hall where our ancestors were bargained for and sold (***the West African Heritage Museum is currently closed down for renovation***). This UNESCO World Heritage Monument has been visited by several world personalities including US President Barack and Michelle Obama, Steve Harvey, Boris Kodjoe, Danny Glover etc.

Continue to visit the Elmina Castle another UNESCO World Heritage Monument the oldest and largest European structure built in sub-Saharan Africa. This was built by the Portuguese in 1482 and later used as an auction market for enslaved Africans for a comprehensive guided tour. See the slave dungeons and condemned cells where slaves who resisted were incarcerated and starved to death.

Lunch at a local restaurant (*on own account*)

Return to your hotel

Dinner

***Panafest: 19:00 GMT @ Cape Coast: Play writing Competition, personalities in the Pan African Struggle***

Overnight: Ridge Royal Hotel in Cape Coast

B/D

**DAY 8: MONDAY JULY 31, 2023: KAKUM CANOPY & REVERENTIAL NIGHT**

Breakfast

Depart hotel to visit the Kakum National Park. Go on a morning walk of the Kuntan Trail with its countless trees with medicinal properties. For the young at heart experience the Canopy Walkway

suspended 100 feet from the forest ground for a panoramic view of the flora and fauna of the remaining vestiges of the rainforest.

Return to your hotel

**All Participants in White Attire**

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**Depart to Mfansipim School junction in Cape Coast. Join other African Americans and other pilgrims in a Candle light procession to the Cape Coast Dungeons for activities marking the Emancipation proclamation at mid-night.**

Overnight: Ridge Royal Hotel in Cape Coast

B/D

**DAY 9: TUESDAY AUGUST 1, 2023: EMANCIPATION DAY CELEBRATION & ASSIN MANSO SLAVE RIVER TOUR – ACCRA**

*Assin Manso Slave River Park*



*Ancestral Graves*



Breakfast and hotel check out

Depart after breakfast to Assin Manso for Emancipation Day Celebration for durbar of Chiefs and people of the diaspora. You will visit one of the biggest slave markets during the slave trade era. See for yourself the river where the slaves had their last bath before sending them to the castle dungeons. Arrive and visit the burial site of the remains of two ancestors exhumed from New York’s Wall Street & Kingston Jamaica and re-interred on the Emancipation Day 1998. A third ancestor was also brought and interred by the Prime Minister of Barbados in November 2019 as part of the “YEAR OF RETURN” GHANA 2019. Visit the DONKO NSUO (*the Slave River*) where the African captives were allowed to take their last bath in waters of their native land. The European merchants branded their bodies for identification before they were marched to the Dungeon in Elmina and Cape Coast. This offers you opportunity to send a message to your ancestors.

Lunch at a local restaurant (*on own account*)

Rest of evening is at leisure.

Dinner at Hotel

Overnight: Accra City Hotel in Accra

B/D

**DAY 10: WEDNESDAY AUGUST 2, 2023: TALK WITH PROFESSIONALS ON INVESTMENT OPPORTUNITIES IN GHANA**

Breakfast

Participate in a Talk by the “*Beyond The Return*” office at *Ghana Tourism Authority & Ghana Investments Promotion Council on the opportunities and procedures available for potential investment in Ghana*

Overnight: Accra City Hotel in Accra

B/L

**DAY 11: THURSDAY AUGUST 3, 2023: ACCRA – ADA – ACCRA**

*Nkyinkyim Museum*



Breakfast

Depart after breakfast to visit Nkyinkyim Museum near Ada Foah on the Estuary of the Volta River.

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Make a detour to visit Ada Salt mines near Sege. This offers you the opportunity to see salt mining and interact with the local folks.

Continue to Nkyinkyim Museum. Arrive and tour the Sculpture Museum and interact with the staff. Nkyinkyim translated in English to mean “twisted” and relates to a proverb that says, “Life’s journey is twisted.” The project is a means of commemorating the millions of people from Africa who were kidnapped, imprisoned and coerced into slavery.

The site of the installation was a stopping-point on the slave trade route in the 16th and 17th centuries, first for the Dutch and then by the British traders. The majority of the slaves transported to Virginia. Among the Akan people of West Africa, funeral tradition dating back to at least the 17th century, Sculptors, often women create clay busts which are displayed in cemeteries in order to preserve the memory and the likeness of the dead. Ghanaian artist Kwame Akoto-Bamfo draws on this mode for this ongoing installations, Nkyinkyim which is comprised of more than 1,300 cement effigies embedded in a field in Nuhalenya Ada, a town outside Accra. Whereas traditional faces usually wear a calm expression, Mr. Akoto-Bamfo’s heads show fear, sadness, disgust or surprise. The sculptures depict young and old, male and female, as well as members of different tribes.

Lunch at a local restaurant

Drive back to Accra

Rest of day at leisure.

Dinner (*on own account*)

Overnight: Accra City Hotel in Accra

B/L

## **DAY 12: FRIDAY AUGUST 4, 2023: WILDLIFE & TRADITIONAL BEADS**

Breakfast and hotel checkout

Depart Accra to Akosombo in the Eastern Region. Stop enroute at Shai Game Reserve. Shai Hills Resource Reserve is a coastal savannah wildlife reserve about an hour from Accra, the capital city of Ghana. The reserve is home to 31 species of mammals and over 150 bird species. Among those are kob antelopes, baboons, zebras (which are not native to Ghana) and an ostrich.

The Resource Reserve is one of the easiest and most accessible wildlife viewing options in Ghana. Several hills inside the reserve offer some incredible views over the plains of the park. The latest addition to the Wildlife is the introduction of Zebras. Trek to explore the ancient caves that provided sanctuary for the ancestors of the local inhabitants.

Continue to Krobo-Odumasi to a beads making Factory to interact with the people and observe the women using local materials in making beads.

Lunch (*on own account*)

Depart to Akosombo

Arrive and check in to your hotel

Dinner at hotel

Night out: Adowa Night Club

Overnight: Volta Hotel in Akosombo

B/D

**DAY 13: SATURDAY AUGUST 5, 2023: BOAT CRUISE ON THE VOLTA LAKE**

*Dodi Princess Cruise Boat on the Volta Lake*



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Breakfast

Depart hotel to join the scheduled Dodi Princess Cruise Boat on Volta Lake with live band music to Dodi Islands. Lunch on board. Arrive and interact with the Island dwellers who will welcome you with traditional music. Rejoin the Boat and cruise back.

Depart to Accra

Farewell dinner at hotel

Overnight: Accra City Hotel in Accra

B/L/D

**DAY 14: SUNDAY AUGUST 6, 2023: DEPARTURE**

Breakfast

Morning at leisure,

Hotel check out is at 12.00noon

Transfer to the airport for departure.

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**3<sup>rd</sup> Revised Rate for Prof. Small Panafest July/August 2023 Group**

		<b><u>Min 20pax</u></b>
Double Occupancy	:	<b><u>\$4,704.00/pax</u></b>
		=====
Single Occupancy	:	<b><u>\$5,281.00/pax</u></b>
		=====

**Package Rate Quoted Includes the following**

- \* 6 Nights at Accra City Hotel in Accra on Bed and Breakfast basis.
- \* 2 Nights at Raybow International Hotel in Takoradi on Bed and Breakfast basis.
- \* 3 Nights at Ridge Royal Hotel in Cape Coast on Bed and Breakfast basis.
- \* 1 Night at Volta Hotel in Akosombo on Bed and Breakfast basis.
- \* Overland transportation with air-conditioned vehicle.
- \* Entrance Fees to all Tour Sites as listed in Itinerary.

- \* Meals as Outlined in Itinerary. B = Breakfast, L = Lunch, D = Dinner (Beverages extra)
- \* Services of Professional English-speaking tour guide
- \* Hotel Taxes
- \* Plane Ticket

**Not Included**

- \*All Personal Expenses e.g. telephone bills, laundry etc.
- \* Items not listed above as Included.
- \* Visa
- \* Travel Insurance
- \* Panafest Activities Entrance fees

**THINGS TO BRING WITH YOU**

- Travel with US currency notes that are 2013 year printed and beyond
- Washcloth because most hotels don't give guest washcloth
- European electrical systems are used in Ghana, so please bring adapters (220v) for phones and other electronics.
- Bring snacks with you because you might not always find food during long rides between destinations.

**HEALTH ADVISORIES**

- Before you leave your home country, please get the required Yellow Fever vaccinations. You should also see your doctor to get malaria tablets.
- Bring plenty of insect repellent and sun tanning lotion. Bring all your must have prescription medicine needed during the trip. You will be walking a lot in very hot weather, so bring a hat and comfortable walking shoes.
- Sanitary conditions in most places (bathrooms, restaurants etc.) and not always up to Western standards or what you are accustomed to, so please bring handy-wipes and bacteria hand wash.

**RESERVATION FORM**

**PLEASE BOOK MY RESERVATION TO JOIN PROF. SMALL'S TOUR VISITING  
GHANA**

**DEPART JULY 24 – AUGUST 6, 2023 FROM WASHINGTON DULLES AIRPORT**

\$per person based on double occupancy

\$ Single Room Supplement

I WISH TO SHARE A ROOM WITH

I REQUIRE SINGLE OCCUPANCY

\_\_\_\_\_ \*Single rate applicable if no roommate available

**ENCLOSED IS MY (NONREFUNDABLE) DEPOSIT OF \$250.00 PER PERSON.**

**SPECIAL MEAL REQUEST** \_\_\_\_\_

**NAME (AS IT APPEARS IN YOUR PASSPORT)**

**FIRST:** \_\_\_\_\_ **MIDDLE:** \_\_\_\_\_ **LAST:** \_\_\_\_\_

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**DATE OF BIRTH:** \_\_\_\_\_ ( ) MALE ( ) FEMALE

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**DATE OF ISSUE** \_\_\_\_\_ **EXPIRY** \_\_\_\_\_

**PLEASE CHARGE MY CREDIT CARD \$** \_\_\_\_\_  VISA  MC  Paypal  
 AMEX

**CREDIT CARD NO:** \_\_\_\_\_ **EXP. DATE** \_\_\_\_\_

Please note there is 3% CC fee

**Security Code** \_\_\_\_\_

**SIGNATURE** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**\*All rates are subject to change**

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